

February 2012		St Patrick's Catholic School Lunch Menu			February 2012	
Menu Subject to Change Without Notice		Lunch K-2nd: \$2.25; 3rd thru 8th: \$2.40; Adult Lunch: \$3.00				
Chocolate 22g and White 11g Milk Served Daily		Milk: \$.35 ; Ala Carte: \$.65 to \$1.25 ; Extra Special: \$1.25 or \$1.50				
Bread Basket Offered Daily		Salad Bar Offered Daily for Grades 3-8 and Adults				
Monday	Tuesday	Wednesday	Thursday	Friday		
January 30th thru February 3rd is Catholic Schools Week		1 Breakfast 4 Lunch Pancake 21g Egg 1g Sausage 1g Fresh Fruit 15g Syrup 12g Total Carb Count 50g	2 Chicken Fajita Wrap 37g Green Beans 4g Diced Pears 20g Wheat Bread Sliced w/Marg 19g Total Carb Count 80g	3 LWP: 2nd Wiest Breaded Beef Patty 19g Mashed Potatoes w/Gravy 22/6g Diced Peaches 17g Wheat Dinner Roll w/Marg 19g Total Carb Count 81g		
6 Mr Rib on a Bun 54g Baked Beans 23g Sliced Apples 5g Chocolate Chip Cookie 20g Total Carb Count 112g	7 Diced Chicken Gravy 4g Mashed Potatoes 22g Fruit Mix 18g Wheat Dinner Roll w/Marg 19g Total Carb Count 63g	8 CHANGE Hot Dog in a Bun 30g Chips Fresh Fruit 15g	9 No School	10 No School		
13 Salisbury Steak 2/6g Mashed Potatoes w/Gravy 22g Diced Pears 20g Wheat Bread Sliced w/Marg 19g Total Carb Count 69g	14 Valentine's Day Valentine Pretzel... 43g w/Cheese Sauce 3g Yogurt 20g Fruit Juice Box 23g Red Rosy AppleSauce 22g Treat 20 g Total Carb Count 131g	15 Chicken Alfredo-Noodles 29g Corn 18g Fruit Mix 18g Wheat Dinner Roll w/Marg 19g Total Carb Count 84g	16 Breaded Pork Patty... 18g on a Bun 28g Baked Beans 23g Diced Pears 20g Treat 20g Total Carb Count 109g	17 LWP: 2nd Hotovy French Dip Sand... 28g w/Au Jus 2g Green Beans 4g Fresh Fruit 15g Total Carb Count 49g		
20 Hamburger on a Bun 28g Curly Fries 24g Fresh Veggies 5g Mandarin Oranges 19g Total Carb Count 76g	21 Chicken Nuggets 11g Peas n Carrots 12g Tri-Tater 24g Diced Peaches 17g Total Carb Count 64g	22 Ash Wednesday Grilled Cheese... 27g & Tomato Soup 20g Yogurt 20g Fruit Mix 18g Crackers 5g Total Carb Count 90g	23 PopCorn Chicken 12g Cooked Carrots 12g Tater Tots 24g Fresh Fruit 15g Total Carb Count 63g	24 LWP: 2nd Grabbe Cheese Pizza 43g Tossed Salad Diced Peaches 17g Carrot Snacks 8g Total Carb Count 68g		
27 Mini Corn Dog (K-5) 24g Reg Corn Dog (6-8) 25g Corn 18g AppleSauce 23g Total Carb Count 65/66g	28 Shredded Pork on a Bun 16/28g Cheesy Green Beans 6g Diced Pears 20g Treat 20g Total Carb Count 90g	29 Deli Turkey on a Bun 1/28g Apple Slices 15g Peas n Carrots 12g Total Carb Count 56g				
Lunch Choices: A Complete Lunch Includes One Entrée, Two Different Fruits and/or Vegetables, Grain Bread, and Milk. Offer vs Serve REQUIRES STUDENTS MUST TAKE THREE of These Components for a USDA Meal. Students Can Only Purchase ONE USDA Lunch Per Day. Additional Ala Carte and Extra Specials Can be Purchased. All Carb Couns are approximate and can vary slightly with product brand change						